


# October 2024 - Memory Care 8:8

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday to</b> 10/4 Kathryn Adkins 10/16 Alfred Kittock 10/18 Wayne Haglin 10/20 Yvonne Henderson 10/27 Hazel Yotter		8:00 Linked Senior: Chair Yoga [MF] <b>1</b> 8:45 Daily Board [MD] 9:30 Linked Senior: Remember When [MF] 10:30 Catholic Communion [B] 11:00 Walking Club [MC] 12:00 Linked Senior: Music [MC] 12:30 Oshibori [MD] 2:00 Happy Hour [B] 3:00 Manicures [MC] 4:00 1:1 Interactions [MC] 5:00 Oshibori [MD] 6:00 Stretch & Meditate [MF] 7:00 Solitude Hour [MC]	8:00 Linked Senior: Chair Yoga [MF] <b>2</b> 8:45 Daily Board [MD] 9:30 Linked Senior: Sensory Games [MC] 10:30 Traditional Chair Exercise [MF] 11:00 Walking Club [MC] 12:30 Oshibori [MD] 2:00 BINGO [MD] 3:00 Manicures [MC] 4:00 1:1 Interactions [MC] 5:00 Oshibori [MD] 6:00 Oldies but Goodies Music [MD] 7:00 Game Show Network [MB]	8:00 Linked Senior: Chair Yoga [MF] <b>3</b> 8:45 Daily Board [MD] 9:30 Linked Senior: Live Music [MF] 10:00 Hymn Sing with Jean [MD] 11:00 Walking Club [MC] 12:30 Oshibori [MD] 1:45 Outing [BO] 3:00 Fresh Cookie Social [MD] 4:00 1:1 Interactions [MC] 5:00 Oshibori [MD] 6:00 Stretch & Meditate [MF] 7:00 Solitude Hour [MC]	8:00 Linked Senior: Chair Yoga [MF] <b>4</b> 8:45 Daily Board [MD] 9:30 Daily Devotionals [MB] 10:00 Fun Friday Exercise [NF] 11:00 Walking Club [MC] 12:30 Oshibori [MD] 2:00 Penny Dice Game [MD] 3:00 Snack Break & Reminisce [MD] 4:00 Outdoor Walk & Chat [OP] 5:00 Oshibori [MD] 6:00 Friday Night at the Movies [NF]	8:00 Linked Senior: Chair Yoga [MF] <b>5</b> 8:45 Daily Board [MD] 9:30 Strength Chair Exercise - FITNESS ROOM [NF] 10:30 1:1 Interactions [MC] 12:30 Oshibori [MD] 2:00 BINGO [B] 3:00 Bird Watching [BA] 4:00 Walk and Wheels [MC] 5:00 Oshibori [MD] 6:00 Oldies but Goodies Music [MD] 7:00 Game Show Network [MB]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Linked Senior: Chair Yoga [MF] <b>6</b>	8:00 Linked Senior: Chair Yoga [MF] <b>7</b>	8:00 Linked Senior: Chair Yoga [MF] <b>8</b>	8:00 Linked Senior: Chair Yoga [MF] <b>9</b>	8:00 Linked Senior: Chair Yoga [MF] <b>10</b>	8:00 Linked Senior: Chair Yoga [MF] <b>11</b>	8:00 Linked Senior: Chair Yoga [MF] <b>12</b>
8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]
9:30 Daily Devotions [MC]	9:30 Linked Senior: Live Feed Animals [MF]	9:30 Linked Senior: Remember When [MF]	9:30 Linked Senior: Sensory Games [MC]	9:30 Linked Senior: Live Music [MF]	9:30 Daily Devotionals [MB]	9:30 Strength Chair Exercise [NF]
10:30 1:1 Interactions [MC]	10:30 1:1 Interactions [MC]	10:30 Catholic Communion [B]	10:30 Traditional Chair Exercise [MF]	10:00 Hymn Sing with Jean [MD]	10:00 Fun Friday Exercise [NF]	10:30 1:1 Interactions [MC]
12:30 Oshibori [MD]	11:00 Walking Club [MC]	11:00 Walking Club [MC]	11:00 Walking Club [MC]	11:00 Walking Club [MC]	11:00 Walking Club [MC]	12:30 Oshibori [MD]
2:00 Resident Devotional Hour [F]	12:30 Oshibori [MD]	12:00 Linked Senior: Music [MC]	12:30 Oshibori [MD]	12:30 Oshibori [MD]	12:30 Oshibori [MD]	2:00 BINGO [B]
3:00 Snack Break & Reminisce [MD]	1:30 Solitude Hour [MC]	12:30 Oshibori [MD]	2:00 BINGO [MD]	1:45 Outing [BO]	2:00 Penny Dice Game [MD]	3:00 Bird Watching [BA]
4:00 Walk and Wheels [MC]	3:00 Snack Break & Reminisce [MD]	2:00 Happy Hour [B]	3:00 Manicures [MC]	2:00 Log Church Service [B]	3:00 Snack Break & Reminisce [MD]	4:00 Walk and Wheels [MC]
5:00 Oshibori [MD]	4:00 Walk and Wheels [MC]	3:00 Manicures [MC]	4:00 1:1 Interactions [MC]	3:00 Fresh Cookie Social [MD]	4:00 Outdoor Walk & Chat [OP]	5:00 Oshibori [MD]
6:00 Stretch & Meditate [MF]	5:00 Oshibori [MD]	4:00 1:1 Interactions [MC]	5:00 Oshibori [MD]	4:00 1:1 Interactions [MC]	5:00 Oshibori [MD]	6:00 Oldies but Goodies Music [MD]
7:00 Solitude Hour [MC]	6:00 Oldies but Goodies Music [MF]	5:00 Oshibori [MD]	6:00 Oldies but Goodies Music [MD]	5:00 Oshibori [MD]	6:00 Friday Night at the Movies [NF]	7:00 Game Show Network [MB]
	7:00 Game Show Network [MB]	6:00 Stretch & Meditate [MF]	7:00 Game Show Network [MB]	6:00 Stretch & Meditate [MF]		
		7:00 Solitude Hour [MC]		7:00 Solitude Hour [MC]		
8:00 Linked Senior: Chair Yoga [MF] <b>13</b>	<b>Columbus Day</b> <b>14</b>	8:00 Linked Senior: Chair Yoga [MF] <b>15</b>	8:00 General Election Voting [B] <b>16</b>	8:00 Linked Senior: Chair Yoga [MF] <b>17</b>	8:00 Linked Senior: Chair Yoga [MF] <b>18</b>	8:00 Linked Senior: Chair Yoga [MF] <b>19</b>
8:45 Daily Board [MD]	8:00 Linked Senior: Chair Yoga [MF]	8:45 Daily Board [MD]	8:00 Linked Senior: Chair Yoga [MF]	8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]
9:30 Daily Devotions [MC]	8:45 Daily Board [MD]	9:30 Linked Senior: Remember When [MF]	8:45 Daily Board [MD]	9:30 Linked Senior: Live Music [MF]	9:30 Daily Devotionals [MB]	9:30 Strength Chair Exercise [NF]
10:30 1:1 Interactions [MC]	9:30 Linked Senior: Live Feed Animals [MF]	10:30 Catholic Communion [B]	9:30 Linked Senior: Sensory Games [MC]	10:00 Hymn Sing with Jean [MD]	10:00 Fun Friday Exercise [NF]	10:30 1:1 Interactions [MC]
12:30 Oshibori [MD]	10:30 1:1 Interactions [MC]	11:00 Walking Club [MC]	10:30 Traditional Chair Exercise [MF]	11:00 Walking Club [MC]	11:00 Walking Club [MC]	12:30 Oshibori [MD]
2:00 Resident Devotional Hour [F]	11:00 Walking Club [MC]	12:00 Linked Senior: Music [MC]	11:00 Walking Club [MC]	12:30 Oshibori [MD]	12:30 Oshibori [MD]	2:00 BINGO [B]
3:00 Snack Break & Reminisce [MD]	12:30 Oshibori [MD]	12:30 Oshibori [MD]	12:30 Oshibori [MD]	1:45 Outing [BO]	2:00 Penny Dice Game [MD]	3:00 Bird Watching [BA]
4:00 Walk and Wheels [MC]	1:30 Solitude Hour [MC]	2:00 Music with Gary - 2nd Floor [MC]	2:00 BINGO [MD]	3:00 Fresh Cookie Social [MD]	3:00 Snack Break & Reminisce [MD]	4:00 Walk and Wheels [MC]
5:00 Oshibori [MD]	3:00 Snack Break & Reminisce [MD]	3:00 Manicures [MC]	3:00 Manicures [MC]	4:00 1:1 Interactions [MC]	4:00 Outdoor Walk & Chat [OP]	5:00 Oshibori [MD]
6:00 Stretch & Meditate [MF]	4:00 Walk and Wheels [MC]	4:00 1:1 Interactions [MC]	4:00 1:1 Interactions [MC]	5:00 Oshibori [MD]	5:00 Oshibori [MD]	6:00 Oldies but Goodies Music [MD]
7:00 Solitude Hour [MC]	5:00 Oshibori [MD]	5:00 Oshibori [MD]	5:00 Oshibori [MD]	6:00 Stretch & Meditate [MF]	6:00 Friday Night at the Movies [NF]	7:00 Game Show Network [MB]
	6:00 Oldies but Goodies Music [MF]	6:00 Stretch & Meditate [MF]	6:00 Oldies but Goodies Music [MD]	7:00 Solitude Hour [MC]		
	7:00 Game Show Network [MB]	7:00 Solitude Hour [MC]	7:00 Game Show Network [MB]			

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
8:00	Linked Senior: Chair Yoga [MF] <b>20</b>	8:00	Linked Senior: Chair Yoga [MF] <b>21</b>	8:00	Linked Senior: Chair Yoga [MF] <b>22</b>	8:00	Linked Senior: Chair Yoga [MF] <b>23</b>	8:00	Linked Senior: Chair Yoga [MF] <b>24</b>	8:00	Linked Senior: Chair Yoga [MF] <b>25</b>	8:00	Linked Senior: Chair Yoga [MF] <b>26</b>
8:45	Daily Board [MD]	8:45	Daily Board [MD]	8:45	Daily Board [MD]	8:45	Daily Board [MD]	8:45	Daily Board [MD]	8:45	Daily Board [MD]	8:45	Daily Board [MD]
9:30	Daily Devotions [MC]	9:30	Linked Senior: Live Feed Animals [MF]	9:30	Linked Senior: Remember When [MF]	9:30	Linked Senior: Sensory Games [MC]	9:30	Linked Senior: Live Music [MF]	9:30	Daily Devotionals [MB]	9:30	Strength Chair Exercise [NF]
10:30	1:1 Interactions [MC]	10:30	1:1 Interactions [MC]	10:30	Catholic Communion [B]	10:30	Traditional Chair Exercise [MF]	10:00	Hymn Sing with Jean [MD]	10:00	Fun Friday Exercise [NF]	10:30	1:1 Interactions [MC]
12:30	Oshibori [MD]	11:00	Walking Club [MC]	11:00	Walking Club [MC]	11:00	Walking Club [MC]	11:00	Walking Club [MC]	11:00	Walking Club [MC]	12:30	Oshibori [MD]
2:00	Resident Devotional Hour [F]	12:30	Oshibori [MD]	12:00	Linked Senior: Music [MC]	12:30	Oshibori [MD]	12:30	Oshibori [MD]	12:30	Oshibori [MD]	2:00	BINGO [B]
3:00	Snack Break & Reminisce [MD]	3:00	Snack Break & Reminisce [MD]	12:30	Oshibori [MD]	2:00	BINGO [MD]	1:45	Outing [BO]	2:00	Penny Dice Game [MD]	3:00	Bird Watching [BA]
4:00	Walk and Wheels [MC]	4:00	Walk and Wheels [MC]	2:00	Happy Hour - Oktoberfest [B]	3:00	Manicures [MC]	3:00	Fresh Cookie Social [MD]	3:00	Snack Break & Reminisce [MD]	4:00	Walk and Wheels [MC]
5:00	Oshibori [MD]	5:00	Oshibori [MD]	3:00	Manicures [MC]	4:00	1:1 Interactions [MC]	4:00	1:1 Interactions [MC]	4:00	Outdoor Walk & Chat [OP]	5:00	Oshibori [MD]
6:00	Stretch & Meditate [MF]	6:00	Oldies but Goodies Music [MF]	4:00	1:1 Interactions [MC]	5:00	Oshibori [MD]	5:00	Oshibori [MD]	5:00	Oshibori [MD]	6:00	Oldies but Goodies Music [MD]
7:00	Solitude Hour [MC]	7:00	Game Show Network [MB]	5:00	Oshibori [MD]	6:00	Stretch & Meditate [MF]	6:00	Stretch & Meditate [MF]	6:00	Friday Night at the Movies [NF]	7:00	Game Show Network [MB]
				7:00	Solitude Hour [MC]	6:00	Stretch & Meditate [MF]	7:00	Solitude Hour [MC]				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Linked Senior: Chair Yoga [MF] <b>27</b>	8:00 Linked Senior: Chair Yoga [MF] <b>28</b>	8:00 Linked Senior: Chair Yoga [MF] <b>29</b>	8:00 Linked Senior: Chair Yoga [MF] <b>30</b>	<b>Halloween 31</b>		B Lakeside Bistro
8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:45 Daily Board [MD]	8:00 Linked Senior: Chair Yoga [MF]		BA Memory Care Balcony
9:30 Daily Devotions [MC]	9:30 Linked Senior: Live Feed Animals [MF]	9:30 Linked Senior: Remember When [MF]	9:30 Linked Senior: Sensory Games [MC]	8:45 Daily Board [MD]		BO Bus Outing - Entry
10:30 1:1 Interactions [MC]	10:30 1:1 Interactions [MC]	10:30 Catholic Communion [B]	10:30 Traditional Chair Exercise [MF]	9:30 Linked Senior: Live Music [MF]		F Fireside Lounge
12:30 Oshibori [MD]	11:00 Walking Club [MC]	11:00 Walking Club [MC]	11:00 Walking Club [MC]	10:00 Hymn Sing with Jean [MD]		MB Memory Care Back TV Room
2:00 Resident Devotional Hour [F]	12:30 Oshibori [MD]	12:00 Linked Senior: Music [MC]	12:30 Oshibori [MD]	11:00 Walking Club [MC]		MC Memory Care
3:00 Snack Break & Reminisce [MD]	1:30 Solitude Hour [MC]	12:30 Oshibori [MD]	2:00 BINGO [MD]	12:30 Oshibori [MD]		MD Memory Care Dining
4:00 Walk and Wheels [MC]	3:00 Snack Break & Reminisce [MD]	2:00 Happy Hour Birthday Party - Mike & Jan [B]	3:00 Manicures [MC]	1:30 Halloween Parade with Crosslake School [B]		MF Memory Care Front TV Room
5:00 Oshibori [MD]	4:00 Walk and Wheels [MC]	3:00 Manicures [MC]	4:00 1:1 Interactions [MC]	2:30 Halloween Social [B]		NF Northwoods Fitness
6:00 Stretch & Meditate [MF]	5:00 Oshibori [MD]	4:00 1:1 Interactions [MC]	5:00 Oshibori [MD]	3:00 Fresh Cookie Social [MD]		OP Outdoor Patio
7:00 Solitude Hour [MC]	6:00 Oldies but Goodies Music [MF]	5:00 Oshibori [MD]	6:00 Oldies but Goodies Music [MD]	4:00 1:1 Interactions [MC]		
	7:00 Game Show Network [MB]	6:00 Stretch & Meditate [MF]	7:00 Game Show Network [MB]	5:00 Oshibori [MD]		
		7:00 Solitude Hour [MC]		6:00 Stretch & Meditate [MF]		
				7:00 Solitude Hour [MC]		