


# January 2025 - Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	A Artscapes B Bistro BO Bus Outing - Entry E Entry - Lobby F Fireside Lounge FL Fireside Lounge LC Legacy Court NF Northwoods Fitness PD Pines Private Dining WF Inside Building	<b>Happy Birthday to</b> 1/7 Marvel Fisher 1/16 Jim Goulet 1/16 Annabelle Ess 1/17 Dorothy Schmidt 1/23 Harley Eggen 1/25 Diane Crawford 1/28 Robin Prigge	<b>New Year's Day 1</b> 10:00 Resident Led Traditional Chair Exercise [FL] 11:00 Gentle Breathing Movements (Chair Chi) [LC] 1:30 Resident Led CARDS [B] 2:30 Steps to Serenity: AA Meeting [PD] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>2</b> 10:00 Traditional Chair Exercise [NF] 11:00 Hymn Sing with Jean [B] 2:00 National Memorials of Washington D.C. - Virtual Lifelong Learning [B] 3:00 CARDS - 500 & Phase 10 [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>3</b> 10:00 Fun Friday Exercise [NF] 10:30 Catholic Mass with Father Andy Knop [B] 11:00 Gentle Breathing Movements (Chair Chi) [LC] 3:00 CARDS - 500 [B] 6:00 Friday Night at the Movies [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>4</b> 9:30 Strength Chair Exercise [NF] 2:00 BINGO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]
	9:30 Daily Devotions [LC] <b>5</b> 9:30 Log Church Virtual Service [B] 2:00 Resident Led Devotional Hour [F] 3:00 CARDS [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>6</b> 9:00 Meeting of the Mugs [B] 10:00 Traditional Chair Exercise [NF] 11:00 Walking Club [LC] 2:00 Goodies with Gals Social [B] 3:00 Snowman Craft [A] 6:30 Quarter BINGO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>7</b> 9:45 Strength Chair Exercise [NF] 10:30 Catholic Communion [B] 11:00 Walking Club [E] 1:00 Axe Throwing [B] 2:00 Happy Hour [B] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>8</b> 9:00 Daily Devotionals [PD] 10:00 Traditional Chair Exercise [NF] 11:00 Gentle Breathing Movements (Chair Chi) [NF] 1:30 Made in Minnesota - Abdallah Chocolates [B] 2:30 Manicures with Patty [NF] 2:30 Steps to Serenity: AA Meeting [PD] 3:30 Mission of the Cross - Bible Study [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>9</b> 10:00 Traditional Chair Exercise [NF] 11:00 Hymn Sing with Jean [B] 2:00 Log Church Service [B] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>10</b> 10:00 Fun Friday Exercise [NF] 11:00 Gentle Breathing Movements (Chair Chi) [LC] 3:00 CARDS - 500 [B] 6:00 Friday Night at the Movies [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]

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9:30 Daily Devotions [LC] <b>12</b> 9:30 Log Church Virtual Service [B] 2:00 Resident Led Devotional Hour [F] 3:00 CARDS [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:00 Meeting of the Mugs [B] <b>13</b> 10:00 Traditional Chair Exercise [NF] 11:00 Walking Club [E] 2:00 Music with Gary [B] 3:30 Pinecone Bird Feeders [A] 6:30 Quarter BINGO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:45 Strength Chair Exercise [NF] <b>14</b> 10:30 Catholic Communion [B] 11:00 Walking Club [E] 1:00 SCRIMMAGE Tryathlon Tournament - Spark Performance [B] 2:00 Happy Hour [B] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:00 Daily Devotionals [PD] <b>15</b> 10:00 Traditional Chair Exercise [NF] 11:00 Gentle Breathing Movements (Chair Chi) [NF] 2:00 Resident Council [B] 2:30 Manicures with Patty [NF] 2:30 Steps to Serenity: AA Meeting [PD] 3:30 Mission of the Cross - Bible Study [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	10:00 Traditional Chair Exercise [NF] <b>16</b> 11:00 Hymn Sing with Jean [B] 1:00 SCRIMMAGE Tryathlon Tournament - Spark Performance [B] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	10:00 Fun Friday Exercise [NF] <b>17</b> 11:00 Gentle Breathing Movements (Chair Chi) [LC] 1:00 The Really Big Show [B] 2:00 Trip to the Library [BO] 3:00 CARDS - 500 [B] 6:00 Friday Night at the Movies [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:30 Strength Chair Exercise [NF] <b>18</b> 2:00 BINGO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]
9:30 Daily Devotions [LC] <b>19</b> 9:30 Log Church Virtual Service [B] 2:00 Resident Led Devotional Hour [F] 3:00 CARDS [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	<b>Martin Luther King Jr. Day 20</b> 9:00 Meeting of the Mugs [B] 10:00 Traditional Chair Exercise [NF] 11:00 Walking Club [E] 1:30 Celebration of Life Ceremony [B] 2:00 Book Club with Erin [NF] 3:00 Horseracing Nickels Game [B] 6:30 Quarter BINGO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:45 Strength Chair Exercise [NF] <b>21</b> 10:30 Catholic Communion [B] 11:00 Walking Club [E] 12:00 Resident Ambassador Lunch (Welcome Committee Meeting) [B] 1:00 Free Eyeglass Clinic [NF] 1:00 Tryathlon Tournament - Spark Performance [B] 2:00 Happy Hour [B] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:00 Daily Devotionals [PD] <b>22</b> 10:00 Traditional Chair Exercise [NF] 11:00 Gentle Breathing Movements (Chair Chi) [NF] 1:30 Farkle Dice Game [B] 2:30 Steps to Serenity: AA Meeting [PD] 2:30 Manicures with Patty [NF] 3:30 Mission of the Cross - Bible Study [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	10:00 Traditional Chair Exercise [NF] <b>23</b> 11:00 Hymn Sing with Jean [B] 1:00 Tryathlon Tournament - Spark Performance [B] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	10:00 Fun Friday Exercise [NF] <b>24</b> 11:00 Gentle Breathing Movements (Chair Chi) [LC] 1:00 The Really Big Show [B] 2:00 Food Council [B] 3:00 CARDS - 500 [B] 6:00 Friday Night at the Movies [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:30 Strength Chair Exercise [NF] <b>25</b> 2:00 BINGO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Daily Devotions [LC] <b>26</b> 9:30 Log Church Virtual Service [B] 2:00 Resident Led Devotional Hour [F] 3:00 CARDS [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:00 Meeting of the Mugs [B] <b>27</b> 10:00 Traditional Chair Exercise [NF] 11:00 Walking Club [E] 2:00 Pie with Guys Social [B] 3:00 Suncatcher Craft [B] 6:30 Quarter BINGO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:45 Strength Chair Exercise [NF] <b>28</b> 10:30 Catholic Communion [B] 11:00 Walking Club [E] 1:00 Tryathlon Tournament - Spark Performance [B] 2:00 Happy Hour Birthday Party - Mike & Jan [B] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	9:00 Daily Devotionals [PD] <b>29</b> 10:00 Traditional Chair Exercise [NF] 11:00 Gentle Breathing Movements (Chair Chi) [NF] 1:30 Penny Dice Game [B] 2:30 Hot Cocoa & Cookies Social [B] 2:30 Steps to Serenity: AA Meeting [PD] 3:30 Manicures with Patty [NF] 3:30 Mission of the Cross - Bible Study [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	10:00 Traditional Chair Exercise [NF] <b>30</b> 11:00 Hymn Sing with Jean [B] 1:00 Tryathlon Tournament - Spark Performance [B] 2:00 Trip to Reeds Grocery Store [BO] 3:00 CARDS - 500 & UNO [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	10:00 Fun Friday Exercise [NF] <b>31</b> 11:00 Gentle Breathing Movements (Chair Chi) [LC] 1:00 The Really Big Show [B] 2:00 Annual Winter Wonder Ball [B] 3:00 CARDS - 500 [B] 6:00 Friday Night at the Movies [B] 8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	