

January 2025 - Legacy Court 8:8

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	B Bistro	Happy Birthday to	New Year's Day 1	8:00 Gratitude Gathering [LC] 2	8:00 Gratitude Gathering [LC] 3	8:00 Gratitude Gathering [LC] 4
	BO Bus Outing - Entry	1/7 Marvel Fisher	8:00 Gratitude Gathering [LC]	9:30 Linked Senior: Live Music [LC]	9:30 Daily Devotionals [LC]	9:30 Strength Chair Exercise [NF]
	CL Crosslake	1/16 Jim Goulet	9:30 Linked Senior: Sensory Games [LC]	10:00 Hymn Sing with Jean [LC]	10:00 Fun Friday Exercise [NF]	10:30 1:1 Interactions [LC]
	E Entry - Lobby	1/16 Annabelle Ess	10:30 Traditional Chair Exercise [LC]	11:00 Hymn Sing with Jean [B]	10:00 Bridges of Memory Café [FL]	12:30 Oshibori [LC]
	F Fireside Lounge	1/17 Dorothy Schmidt	11:00 Gentle Breathing Movements (Chair Chi) [LC]	12:30 Oshibori [LC]	10:30 Catholic Mass with Father Andy Knop [B]	1:00 Game Show Bonanza [LC]
	FL Fireside Lounge	1/23 Harley Eggen	12:30 Oshibori [LC]	1:45 Outing [BO]	11:00 Gentle Breathing Movements (Chair Chi) [LC]	2:00 BINGO [B]
	LC Legacy Court	1/25 Diane Crawford	2:00 BINGO [LC]	2:00 National Memorials of Washington D.C. - Virtual Lifelong Learning [B]	12:30 Oshibori [LC]	3:00 Move & Groove: Chair Fitness for All [LC]
	NF Northwoods Fitness	1/28 Robin Prigge	3:00 Manicures [LC]	3:00 Fresh Cookie Social [LC]	2:00 Penny Dice Game [LC]	4:00 History Unlocked: Virtual Adventures [LC]
	WF Inside Building		4:00 1:1 Interactions [LC]	4:00 1:1 Interactions [LC]	3:00 Snack Break & Reminisce [LC]	5:00 Oshibori [LC]
			5:00 Oshibori [LC]	5:00 Oshibori [LC]	4:00 Pages of Thought: Prompted Journaling Hour [LC]	6:00 Timeless Tunes [LC]
		6:00 Timeless Tunes [LC]	6:00 Stretch & Meditate [LC]	5:00 Oshibori [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]	
		7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]	6:00 Weekend Warm-Up: Friday Night Movie Escape [LC]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	
		8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]		

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8:00 Gratitude Gathering [LC] 5	8:00 Gratitude Gathering [LC] 6	8:00 Gratitude Gathering [LC] 7	8:00 Gratitude Gathering [LC] 8	8:00 Gratitude Gathering [LC] 9	8:00 Gratitude Gathering [LC] 10	8:00 Gratitude Gathering [LC] 11
9:30 Daily Devotions [LC]	9:30 Linked Senior: Live Feed Animals [LC]	9:30 Linked Senior: Remember When [LC]	9:30 Linked Senior: Sensory Games [LC]	9:30 Linked Senior: Live Music [LC]	9:30 Daily Devotionals [LC]	9:30 Strength Chair Exercise [NF]
10:30 1:1 Interactions [LC]	10:00 1:1 Interactions [LC]	10:30 Catholic Communion [B]	10:30 Traditional Chair Exercise [LC]	10:00 Hymn Sing with Jean [LC]	10:00 Fun Friday Exercise [NF]	10:30 1:1 Interactions [LC]
12:30 Oshibori [LC]	11:00 Walking Club [LC]	11:00 Walking Club [E]	11:00 Gentle Breathing Movements (Chair Chi) [NF]	11:00 Hymn Sing with Jean [B]	11:00 Gentle Breathing Movements (Chair Chi) [LC]	12:30 Oshibori [LC]
1:00 Game Show Bonanza [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	1:00 Game Show Bonanza [LC]
2:00 Resident Devotional Hour [F]	1:30 Tranquil Time: An Hour of Peace and Solitude [LC]	2:00 Happy Hour [B]	2:00 BINGO [LC]	1:45 Outing [BO]	2:00 Log Church Service [B]	2:00 BINGO [B]
3:00 Snack Break & Reminisce [LC]	2:00 Goodies with Gals Social [B]	3:00 Manicures [LC]	3:00 Manicures [LC]	2:00 Log Church Service [B]	2:00 Penny Dice Game [LC]	3:00 Move & Groove: Chair Fitness for All [LC]
5:00 Oshibori [LC]	3:00 Snack Break & Reminisce [LC]	4:00 1:1 Interactions [LC]	4:00 1:1 Interactions [LC]	3:00 Fresh Cookie Social [LC]	3:00 Snack Break & Reminisce [LC]	4:00 History Unlocked: Virtual Adventures [LC]
6:00 Stretch & Meditate [LC]	4:00 Past Reflections, Present Relaxation [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	4:00 1:1 Interactions [LC]	4:00 Pages of Thought: Prompted Journaling Hour [LC]	5:00 Oshibori [LC]
7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	5:00 Oshibori [LC]	6:00 Stretch & Meditate [LC]	6:00 Timeless Tunes [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	6:00 Timeless Tunes [LC]
8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	6:00 Oldies but Goodies Music [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]	7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	6:00 Stretch & Meditate [LC]	6:00 Weekend Warm-Up: Friday Night Movie Escape [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]
	7:00 Movie Monday [LC]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	7:00 Nostalgia Night: Stories and Serenity [LC]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]
	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]			8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	

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8:00 Gratitude Gathering [LC] 12	8:00 Gratitude Gathering [LC] 13	8:00 Gratitude Gathering [LC] 14	8:00 Gratitude Gathering [LC] 15	8:00 Gratitude Gathering [LC] 16	8:00 Gratitude Gathering [LC] 17	8:00 Gratitude Gathering [LC] 18
9:30 Daily Devotions [LC]	9:30 Linked Senior: Live Feed Animals [LC]	9:30 Linked Senior: Remember When [LC]	9:30 Linked Senior: Sensory Games [LC]	9:30 Linked Senior: Live Music [LC]	9:30 Daily Devotionals [LC]	9:30 Strength Chair Exercise [NF]
10:30 1:1 Interactions [LC]	10:00 1:1 Interactions [LC]	10:30 Catholic Communion [B]	10:30 Traditional Chair Exercise [LC]	10:00 Hymn Sing with Jean [LC]	10:00 Fun Friday Exercise [NF]	10:30 1:1 Interactions [LC]
12:30 Oshibori [LC]	11:00 Walking Club [E]	11:00 Walking Club [E]	11:00 Gentle Breathing Movements (Chair Chi) [NF]	11:00 Hymn Sing with Jean [B]	11:00 Gentle Breathing Movements (Chair Chi) [LC]	12:30 Oshibori [LC]
1:00 Game Show Bonanza [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	1:00 Game Show Bonanza [LC]
2:00 Resident Devotional Hour [F]	1:30 Tranquil Time: An Hour of Peace and Solitude [LC]	1:00 SCRIMMAGE Tryathlon Tournament - Spark Performance [B]	2:00 Resident Council [B]	1:00 SCRIMMAGE Tryathlon Tournament - Spark Performance [B]	1:00 The Really Big Show [B]	2:00 BINGO [B]
3:00 Snack Break & Reminisce [LC]	3:00 Snack Break & Reminisce [LC]	2:00 Happy Hour [B]	2:00 BINGO [LC]	2:00 BINGO [LC]	2:00 Trip to the Library [BO]	3:00 Move & Groove: Chair Fitness for All [LC]
5:00 Oshibori [LC]	4:00 Past Reflections, Present Relaxation [LC]	3:00 Manicures [LC]	3:00 Manicures [LC]	1:45 Outing [BO]	2:00 Penny Dice Game [LC]	4:00 History Unlocked: Virtual Adventures [LC]
6:00 Stretch & Meditate [LC]	5:00 Oshibori [LC]	4:00 1:1 Interactions [LC]	4:00 1:1 Interactions [LC]	3:00 Fresh Cookie Social [LC]	3:00 Snack Break & Reminisce [LC]	5:00 Oshibori [LC]
7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	6:00 Oldies but Goodies Music [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	4:00 1:1 Interactions [LC]	4:00 Pages of Thought: Prompted Journaling Hour [LC]	6:00 Timeless Tunes [LC]
8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	7:00 Movie Monday [LC]	6:00 Stretch & Meditate [LC]	6:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]
	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	7:00 Nostalgia Night: Stories and Serenity [LC]	7:00 Resident Led Evening Strides: The Evening Walking Club [WF]	6:00 Stretch & Meditate [LC]	6:00 Weekend Warm-Up: Friday Night Movie Escape [LC]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]
		8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	7:00 Nostalgia Night: Stories and Serenity [LC]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	
				8:00 Resident Led Evening Strides: The Evening Walking Club [WF]		

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8:00 Gratitude Gathering [LC] 19	Martin Luther King Jr. Day 20	8:00 Gratitude Gathering [LC] 21	8:00 Gratitude Gathering [LC] 22	8:00 Gratitude Gathering [LC] 23	8:00 Gratitude Gathering [LC] 24	8:00 Gratitude Gathering [LC] 25
9:30 Daily Devotions [LC]	8:00 Gratitude Gathering [LC]	9:30 Linked Senior: Remember When [LC]	9:30 Linked Senior: Sensory Games [LC]	9:30 Linked Senior: Live Music [LC]	9:30 Daily Devotionals [LC]	9:30 Strength Chair Exercise [NF]
10:30 1:1 Interactions [LC]	9:30 Linked Senior: Live Feed Animals [LC]	10:30 Catholic Communion [B]	10:30 Traditional Chair Exercise [LC]	10:00 Hymn Sing with Jean [LC]	10:00 Fun Friday Exercise [NF]	10:30 1:1 Interactions [LC]
12:30 Oshibori [LC]	10:00 1:1 Interactions [LC]	11:00 Walking Club [E]	11:00 Gentle Breathing Movements (Chair Chi) [NF]	11:00 Hymn Sing with Jean [B]	11:00 Gentle Breathing Movements (Chair Chi) [LC]	12:30 Oshibori [LC]
1:00 Game Show Bonanza [LC]	11:00 Walking Club [E]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	1:00 Game Show Bonanza [LC]
2:00 Resident Devotional Hour [F]	12:30 Oshibori [LC]	1:00 Free Eyeglass Clinic [NF]	1:00 Tryathalon	1:00 Tryathalon Tournament - Spark Performance [B]	1:00 The Really Big Show [B]	2:00 BINGO [B]
3:00 Snack Break & Reminisce [LC]	1:30 Celebration of Life Ceremony [B]	1:00 Tryathalon Tournament - Spark Performance [B]	2:00 BINGO [LC]	1:45 Outing [BO]	2:00 Penny Dice Game [LC]	3:00 Move & Groove: Chair Fitness for All [LC]
5:00 Oshibori [LC]	1:30 Tranquil Time: An Hour of Peace and Solitude [LC]	2:00 Happy Hour [B]	3:00 Manicures [LC]	3:00 Fresh Cookie Social [LC]	3:00 Snack Break & Reminisce [LC]	4:00 History Unlocked: Virtual Adventures [LC]
6:00 Stretch & Meditate [LC]	3:00 Snack Break & Reminisce [LC]	3:00 Manicures [LC]	4:00 1:1 Interactions [LC]	4:00 1:1 Interactions [LC]	4:00 Pages of Thought: Prompted Journaling Hour [LC]	5:00 Oshibori [LC]
7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	4:00 Past Reflections, Present Relaxation [LC]	4:00 1:1 Interactions [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	6:00 Timeless Tunes [LC]
8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	6:00 Timeless Tunes [LC]	6:00 Stretch & Meditate [LC]	6:00 Weekend Warm-Up: Friday Night Movie Escape [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]
	6:00 Oldies but Goodies Music [LC]	6:00 Stretch & Meditate [LC]	7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	7:00 Resident Led Evening Strides: The Evening Walking Club [WF]	7:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]
	7:00 Movie Monday [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]		8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	
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8:00 Gratitude Gathering [LC] 26	8:00 Gratitude Gathering [LC] 27	8:00 Gratitude Gathering [LC] 28	8:00 Gratitude Gathering [LC] 29	8:00 Gratitude Gathering [LC] 30	8:00 Gratitude Gathering [LC] 31	
9:30 Daily Devotions [LC]	9:30 Linked Senior: Live Feed Animals [LC]	9:30 Linked Senior: Remember When [LC]	9:30 Linked Senior: Sensory Games [LC]	9:30 Linked Senior: Live Music [LC]	9:30 Daily Devotionals [LC]	
10:30 1:1 Interactions [LC]	10:00 1:1 Interactions [LC]	10:30 Catholic Communion [B]	10:30 Traditional Chair Exercise [LC]	10:00 Hymn Sing with Jean [LC]	10:00 Fun Friday Exercise [NF]	
12:30 Oshibori [LC]	11:00 Walking Club [E]	11:00 Walking Club [E]	11:00 Gentle Breathing Movements (Chair Chi) [NF]	11:00 Hymn Sing with Jean [B]	11:00 Gentle Breathing Movements (Chair Chi) [LC]	
1:00 Game Show Bonanza [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	12:30 Oshibori [LC]	
2:00 Resident Devotional Hour [F]	1:30 Tranquil Time: An Hour of Peace and Solitude [LC]	1:00 Tryathlon Tournament - Spark Performance [B]	2:00 BINGO [LC]	1:00 Tryathlon Tournament - Spark Performance [B]	1:00 The Really Big Show [B]	
3:00 Snack Break & Reminisce [LC]	2:00 Pie with Guys Social [B]	2:00 Happy Hour Birthday Party - Mike & Jan [B]	2:30 Hot Cocoa & Cookies Social [B]	1:45 Outing [BO]	2:00 Annual Winter Wonder Ball [B]	
5:00 Oshibori [LC]	3:00 Snack Break & Reminisce [LC]	3:00 Manicures [LC]	3:00 Manicures [LC]	2:00 Trip to Reeds Grocery Store [BO]	2:00 Penny Dice Game [LC]	
6:00 Stretch & Meditate [LC]	4:00 Past Reflections, Present Relaxation [LC]	4:00 1:1 Interactions [LC]	4:00 1:1 Interactions [LC]	3:00 Fresh Cookie Social [LC]	3:00 Snack Break & Reminisce [LC]	
7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	4:00 1:1 Interactions [LC]	4:00 Pages of Thought: Prompted Journaling Hour [LC]	
8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	6:00 Oldies but Goodies Music [LC]	6:00 Stretch & Meditate [LC]	6:00 Timeless Tunes [LC]	5:00 Oshibori [LC]	5:00 Oshibori [LC]	
	7:00 Movie Monday [LC]	7:00 Nostalgia Night: Stories and Serenity [LC]	7:00 Mindful Moments: Puzzles & Relaxing Brain Breaks [LC]	6:00 Stretch & Meditate [LC]	6:00 Weekend Warm-Up: Friday Night Movie Escape [LC]	
	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	7:00 Nostalgia Night: Stories and Serenity [LC]	8:00 Resident Led Evening Strides: The Evening Walking Club [WF]	
				8:00 Resident Led Evening Strides: The Evening Walking Club [WF]		